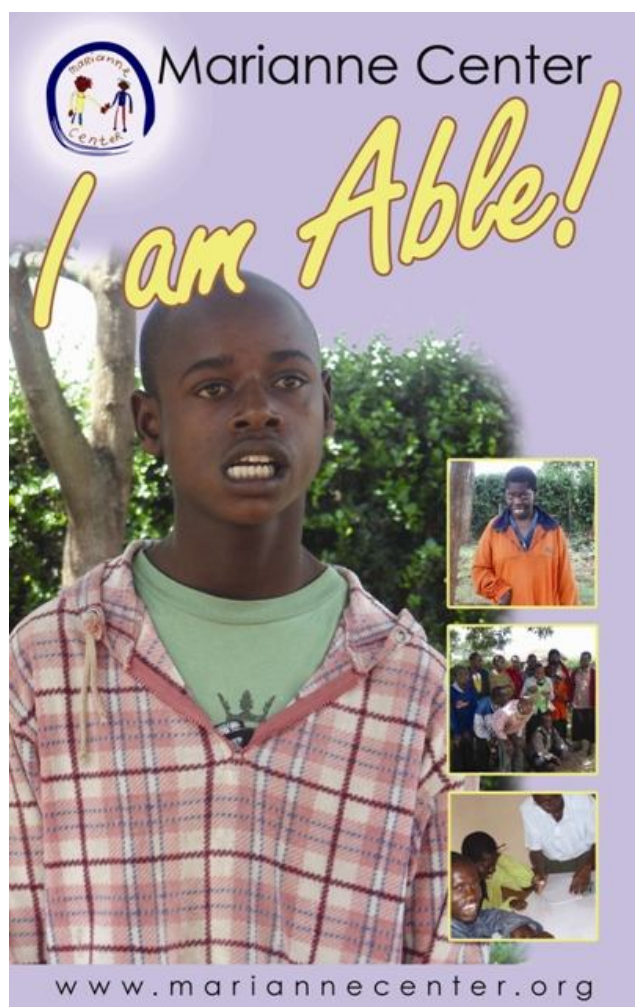


Marianne Center Report 2011



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INTRODUCTION

In 2011 we received several donations for the activities of Marianne Center. Through this report we want to update you about what we have achieved with the help of these donations.

RESULTS 2011

Since we opened our doors in January 2012 we have achieved a lot. We are very grateful for this and we are planning to continue our activities in 2012.

In our proposal of last year we had the plan to set up new activities, among which was counseling. We also wanted to introduce more medical check-ups. Next to this our plan was to expand our poultry farm to 1.500 chickens. Other activities we wanted to have done before the end of 2011 were as follows:

- Open days and yearly event.
- 3 workshops opened up in the shopping centre of Karura Village.
- Sale of products made by our disabled students at the Masai Market.
- Creating awareness among the Kenyans about the capacities of people with a mental disability with the help of our documentary and awareness events.
- 3.5 million Kenyans reached through media about the Marianne Center and her students.
- 60 students who are participating in the activities of Marianne Center.

Our objectives for 2010-2015 are as follows:

1. Start a training center for (young) adults with a mental disability
2. To support (young) adults with a mental disability, by providing specialized training and equipment, social functions including personal hygiene, gardening, cooking and uncomplicated vocational skills that can enable them to get basic employment
3. Fight the social stigma associated with people with mental disabilities
4. Sensitize the government of the need to support people with mental disability in education
5. To reach out to the 2,9 million people with mental disabilities and give them and their families hope for a better life

Below we indicate per objective which activities in 2012 have been done to achieve our goals.

1. Start a training center for (young) adults with mental disabilities

In January 2010 we opened our doors for the mentally disabled (young) adults. Together with the local authorities, community leaders and churches we spread the news about Marianne Center and her activities. At the moment we have 41 disabled students among which 20 are female. We didn't expand to 60 students due to financial constraints to hire more teachers. We want to focus on quality education and when more students are being admitted but the number of teachers stay the same the quality of our education will be at risk. At this moment we have 2 full time teachers, 1 part time teacher for computer course and 1 part time teacher for sewing. We have a cook, cleaner and gardener who also support and train our students in activities like cooking, cleaning and gardening. We also regularly have volunteers who support our teachers in executing their tasks. In this way we can ensure that every student, including the weaker students, receives the attention and training they deserve. At this moment we have 1 teacher for every 10 students and this is our maximum to ensure quality education. We don't expect many

more students to be admitted next year unless we receive more funding to hire extra teachers.

Land

Since December we are the proud owners of a piece of land of 0.6 hectares in Limuru. We are extremely thankful to the donors who made it possible for us to make this big step! This will help Marianne Center a lot in the continuation of her activities. We are excited to start constructing and will hopefully move to our new compound somewhere this year.



Piece of land which has been bought by Marianne Center

New manager

Important for the continuation of the center is good management. Because all the board members are volunteering at Marianne Center outside their daily jobs it was a good decision to hire a full time manager. Our new Business Manager has mainly been working on human resource and setting up proper systems which improved the working environment for our staff. Next to that he made the first step in networking and fund raising for Marianne Center in Kenya. He is also involved in setting up and further developing income generating activities and other programs. His experience is vital to Marianne Center and we also expect a lot of good things to happen now we are having a new manager.

2. To support (young) adults with a mental disability, by providing specialized training and equipment, social functions including personal hygiene, gardening, cooking and uncomplicated vocational skills that can enable them to get basic employment

We are offering the following programs at Marianne Center; gardening, personal hygiene, cooking, housekeeping activities, farming, animal husbandry, computer lessons, soap making, tapestry and crafts. This will be continued the next coming years. From January

2012 will be working towards the first exams which will take place in November or December 2012.



Tapestry

Animal husbandry

Our animal husbandry activity stopped half way this year because finding suitable markets was more difficult than anticipated. The piglets and the rabbits didn't generate enough income to the project and it was therefore decided to stop the rearing of these animals. An external consultant advised us to focus on one or two larger income generating activities instead of many small projects.

The poultry farm has also been put to hold half way this year. This because chicks were delivered late and marketing the ready chickens was often delayed. We decided to put it on hold until better agreements were made with the supplier and buyer. In December this activity was started again. Our students love interacting with the animals and the poultry farming is therefore one of the most popular activities among our students. We hope to be able to expand this activity in 2012.

Medical

In July 2010 we started our physiotherapy which helps to improve the physical condition of our students. Some of our students benefit greatly from this program. Their drooling has reduced due to exercises where they have to drink with a straw and chew gum. They can use their spastic hands much better now because of the stretching and massaging of their hand. The service has been stopped for while due to the physiotherapist leaving, but as of January 2012 we expect the new physiotherapist to start its duties.

At the beginning of each term we like our students to undergo a medical check-up. This is to detect any medical issues which could also be related to abuse. Unfortunately abuse of our students is sometimes still happening by their relatives or other community members. With the help of medical check-ups we can detect serious abuse and act upon. It is therefore also important that our teachers do home visits during the holiday break to assess the situation at the student's home and to advise parents where needed.

If one of our students has a medical problem, Marianne Center helps the student by taking them to the district hospital. However, since most parents are not able to pay for costs involved, Marianne Center ended up paying all the consults, prescribed medication, registration and the bus fare. During the April holiday the head teacher was able to meet and discuss the medical situations faced by the students with the manager of Mothers'

Mercy Home. Beginning of the second term all medical cases have been handled at the Home's Dispensary, and all the relevant charges are waived.

Physical activity

Our teachers take the students out every Friday afternoon for a few hours nature walk. This is not only for keeping them fit but also to give them a change of scenery. The whole week they have been working hard during the activities and on Friday it is time to enjoy and relax. This walk is very much liked by all of our students. All the playing, jumping and running around is making the students enjoy themselves and help them open up and interact with each other. It is great to see that some of the students, who have been abused, have a smile on their face from ear to ear.

For the students who are also physically disabled this walk is quite a challenge. But they are coping very well and always looking forward to the Fridays.

At the same time is this nature walk an awareness activity. When people meet our group of students they are often surprised but also interested what can lead to discussions and even visits to the centre.



The students are enjoying their break during the nature walk.

On the 29th of October mini-olympics took place between different handicapped people; the blind, the mentally challenged, the physically handicapped, the albinos and the deaf. A spectacular scene to watch and to participate in. Everybody had a game to play including our own staff. We did aerobics, ball games, bouncing castle, short field races, mini football and mini volleyball. It was funded by government, NGOs, business, Global Ethos and even Marianne Center. More than 1500 people attended or visited this event. Everybody was a winner and everybody got a certificate of achievement. Our students refused to board the bus at the end of the day because they enjoyed this day so much.

3. Fight the social stigma associated with people with mental disabilities

To achieve this goal we organised several activities this year. On the 11th of June we organized a workshop for our staff. Three people from our partner organization were invited to train our staff. Two people came from the Assessment and Resource Centre and one trainer was a Quality Assessment Officer. All staff was present during the full day training.

During this day the following topics were discussed;

1. Communication skills
2. Chain of command
3. Rights and violation of rights
4. Duty allocation
5. Relationships
6. Leadership and Management
7. Principles of quality management
8. Leadership role and decision making
9. Types of managers
10. Performance indicators.

It was seen as a useful day to our staff.

In October we organized a workshop combined with an open day. Among the 160 attendants were the District Gender and Social Services Officer, a few representatives of the Karuri Council, Down Syndrome Society of Kenya (DSSK), The National Council for People with Disabilities, the Anglican Church of Kenya and representatives of several organizations who support people with a disability. The District Gender and Social Services Officer talked of funds available for institutions like ours up to a maximum of Ksh 200,000. The Down Syndrome Society Chairperson suggested we buy music equipment and have a band that could also be used for income generation. In the meantime instruments have been bought. The Karuri Urban Council promised to waive taxes and business operating licenses to our graduates. Our students showed their talents through dance and songs and showcased their products which were bought by many of the people attending the open day.

This event helped in creating awareness about Marianne Center and her activities and we expect that this will help in the fund raising and networking in Kenya. As we said previously we cannot keep on depending on funds from outside. We therefore need to organize ourselves in such a way that we ensure sustainability. And with you supporting our management we will get there.



Speeches during the open day

Awareness events

The 29th of October a mini-olympics took place between different handicapped people; the blind, the mentally challenged, the physically handicapped, the albinos and the deaf. A spectacular scene to watch and to participate in. Everybody had a game to play including our own staff. We did aerobics, ball games, bouncing castle, short field races, mini football and mini volleyball.

It was funded by government, NGOs, business, Global Ethos and even Marianne Center. More than 1500 people attended or visited this event. Everybody was a winner and everybody got a certificate of achievement. Our students refused to board the bus at the end of the day because they enjoyed this day so much. This day was being broadcasted by K24.

Next to this event we also have the weekly nature walk which contributes to create awareness. Often people meet our students and are starting to become interested in their story, which sometimes even results in visiting the center.

Documentary

In October 2010 we had a Dutch producer coming to Kenya to develop a documentary about the difficulties people with a mental disability are facing and how Marianne Center gives a solution to this. The documentary was received by us in August 2011. We hoped to broadcast this documentary on the Kenyan television but that turned out to be too expensive. Instead we are trying to broadcast it during events or during church services. The documentary can be seen on our website.

Media

This year we have had some exposure in the People newspaper. Normally it is quite expensive to have an article published in a newspaper. The People newspaper was so kind to not charge for us this (for article, see attachment). Next to this the mini-olympics has been broadcasted via K24 TV.

With the help of the media, our open days and awareness events we estimate to have reached about 4.2 million Kenyans.

All these activities have contributed to reducing the social stigma which is associated with mental disabled people. Unfortunately that stigma has not yet disappeared and we therefore need to continue with these activities.

Activities which didn't take place

A few of our planned activities didn't take place due to several reasons.

We had the plan to start three workshops in the shopping center of Karura Village. This would lower the threshold for a Kenyan to get in contact with disabled people. Unfortunately the funds didn't allow this to happen because it turned out to be much more expensive than predicted.

Instead of organizing a yearly awareness walk like previous years and a yearly event we decided to combine these two events into one big event: the mini-olympics. This not only to reduce costs but also to reduce time involved in the organization of these events.

This resulted in a very successful event which you could read about earlier in this report.

We also had the plan to start selling products made by our students on the Masaai Market. This has not taken place because of the lack of transport and staff to accompany the student to the market.

This year we wanted to focus more on psychosocial therapy. Because many of our students experiencing traumas it is recommendable to provide them with some therapy. Due to lack of finances we didn't manage to hire a therapist. We did receive some help from volunteers on this subject though only for a short time period. They were able to help some of our disabled students who need psychiatric assistance.

4. Sensitize the government of the need to support people with mental disabilities in education

We are working closely with the local authorities and the chief of Karura Village. They are helping us in informing the community about Marianne Center and motivating parents to send their children to us.

We also closely work with the government assessment centres in Nairobi. They often join us for meetings and advise us where needed.

The government was present at our open day and at the mini-olympics. The government is also the one who has done the evaluation of Marianne Center in 2011.

We are very grateful for the member of parliament who donated school fees for seventeen of our students!

In 2012 we will try to work even closer with the government by inviting them to many more of our events and by visiting them more regularly. This is important in the integration of the mentally disabled in the society.

5. To reach out to the 2.9 million people with mental disabilities and give them and their families hope for a better life

Marianne Center can only accommodate a certain number of mentally disabled people and therefore reaching out to 2.9 million mentally disabled people is a big challenge. To make sure that besides our students other mentally disabled can benefit from our activities as well, we are organizing awareness activities. This includes open days, annual event, awareness walks and media attention where we inform people about people with a mental disability. This year Marianne Center received publicity in one newspaper and one TV channel.

In this way we hope that more people become aware of the capabilities of people with a mental disability and accept them of who they are. We expect our documentary to be part of our awareness events and to contribute in reaching out to the mentally disabled. In 2012 we will keep on organizing awareness events so that not only our students can benefit from our activities but also other mentally disabled people in Kenya.

This year has been a successful year. Many students have received training and have gained knowledge and skills. We see improvement in our students, not only in their work but also in their behaviour. They feel empowered and enjoy the activities and the love they receive.

EFFECTIVENESS

The workshops, church visits, open days and media attention has proven to be very effective in achieving our goals. With this we were able to inform many Kenyans about people with a mental disability which result in to reducing the stigma associated with this marginalized group. Not only had our students benefited from our activities but also other mentally disabled Kenyans. The students at Marianne Center benefit greatly from our activities and show improvements every day.

The support from the chief, the local government, the assessment centres and our other partners have helped us in reaching the families of the mentally disabled and in creating awareness about the capacities of people with a mentally disability.

MONITORING & EVALUATION

The project is monitored and evaluated against the project goal and objectives. The evaluation this year was done by the Ministry of Education, which was very positive. We receive the advice from the government with open arms. We want to keep on improving to provide the best training for the mentally disabled students.

Monitoring is done on a regular basis, which is during every management meeting which takes place at least every month.

Student Performance Reports are prepared every term. These reports assist in assessing any changes in the development of the students. Performance appraisal for project staff will be carried out twice a year.

Twice a year we send all donors, partners and other people connected to Marianne Center a newsletter, which will contain update about the activities, a note about our donors and the success stories about our students.

Marianne Center is financed through school fees, generated income, funds and grants. We applied for official recognition from the Kenyan Ministry of Education, and a share of the government funding which is reserved for secondary schools. The Ministry of Education has acknowledged the need for a training center. Complication is that the government will only support already existing 'public' projects. This means that the initial investment to set up the center will have to be raised without government support. The government has informed us that they are willing to advise us on whatever necessary. We also network with Members of Parliament (MP) and other individual government officials. This led to the payment of school fees for seventeen of our students.

Our goal is to be financial independent from funds from outside of Kenya after before 2015. Because we have already started with setting up our income generating activities at the center and with networking with local organizations, it is most likely we achieve this goal.

Our team of directors consists of professionals with broad experience in subjects as management, entrepreneurship, organizational development, healthcare and mental disabilities. Our general manager and board member has 7 years of experience in a similar occupation at a comparable training center in the UK. Also other employees who are or will be hired by the training center will be professionals with extensive experience in related fields.

All staff, except for one board member, is Kenyan and they are responsible for the daily activities of Marianne Center.

PLANS 2012

Sub goals 2012

We would like to have received the following goals by the end of 2012:

- 25 students who took their exams;
- Started with the construction of our new premises;
- Two open days and two awareness events;
- 5 million Kenyans reached about Marianne Center and the capabilities of people with a mental disability through an article in at least 2 newspapers, one radio and TV broadcast;
- At least have set up three income generating activities;
- Sale of our products on the Masaai Market;
- Most income for running cost has to come from Kenya.

SUCCESS STORIES

JANE KAIKU MBURU



Meet Jane Kaiku Mburu. Born in 1991, Jane joined Marianne Center in 2009, as one of the pioneer students. At the time of admission, Jane could not be able to put on clothes on her own, could not use the toilet without assistance and could not eat on her own or brush her teeth. During our home visits programme to her homestead, her mother had this to say; "I am very grateful to Marianne Center. Kaiku has improved tremendously. Now she can dress on her own, eat and even use our pit latrine without help. She even knows how to use it without messing with the top. Believe me, I can even send her to the shop for small commodities". She has seven sisters and two brothers. One of her sisters suffers from the same condition.

To us, this is a big achievement in ADLS (activities of daily living skills). Jane is mentally challenged and also suffers from mild autism. We may not be able to train her in any professional areas but ADLS alone is huge success. We expect her to graduate in our first ever graduation ceremony next year.

SUSAN WANGUI NGANGA



Our best student in Computer studies. Susan also joined Marianne Center in 2009. She is mentally challenged and also suffers from extreme fear. She lost her mother some time ago and now lives with a hostile step mother. Her father loves her so much but is usually dominated by his second wife. In fact Susan lives with the grandmother although her step mother forcefully goes for her so that she can help her in house chores. She loves the center so much and is usually sad during closing time. Her extreme fear emanated from the shock of losing her mother.

All the above notwithstanding, Susan is the best computer student and can open file folders, Work comfortably with M/S word, M/S power point and transfer, print and edit photos. At the time of joining Marianne Center, She had not seen a computer. We are very proud of her.



FELISTAS WAWIRA MBOGO

Popularly known as Kawira at Marianne Center, Kawira was born in 1995, is mentally challenged, and her name loosely translates as "hard worker" in her native language, kikuyu. Hard worker she is indeed. When we visited her home during the holiday visiting programme, we found her making tapestry products. She had made floor mats, Scuffs and cards for sale. Her mother buys her the raw materials and assists her in marketing the products. It is imperative to note that she has learned all these skills at Marianne Center.

When she joined Marianne Center in 2010, Felistas had problems with knowing when and how to eat, going to toilet, dressing and even brushing. Today, and from her mother's own confessions, she helps her in household jobs, loves cooking and does it well and does not even wet her bed. Her mother is full of praise for Marianne Center.



JAMES NGUGI WANGARI

Born in 1996, James is mentally challenged and has previously suffered from convulsions epileptic in nature but confirmed otherwise by medics. He has had behavioural problems and at one time lived as a street boy. He comes from a very poor background and lives with his single mother. He has another sibling-sister. The mother works as a daily househelp in various houses to earn a living. Infact he is one of the students that needs urgent sponsorship.

Nevertheless, James has cut himself out as an astute student who has made considerable improvement at Marianne Center. He is very good in computers and is comfortable with M/S Word, M/S Point and few other packages. He can do good knitting, beadwork and tapestry. Heaspires to be a master baker and we shall do everything possible to make him one. His mother has confessed to us that the tremendous improvement is because of our dedication to changing lives. She says he is now reliable and a good helper in their house.

Teaching pupils with mental retardation how to be self-reliant

Mentally retarded children are not educated alongside typical students and are segregated in the school system. One centre seeks to reverse this trend by teaching them simple income-generating skills, writes SYLVIA WAKHISI

Tucked at the heart of Karura area, Kiambu lies a centre that little is known about. The calm serene environment is welcoming and it is easy to fall in love with the place. To many, it looks like an ordinary boarding school but for students, it is more than that.

It is a place they call home and which has offered them a second chance in life, a reason to smile. Welcome to Marianne Center, a school for the mentally handicapped.

In one of the classes, we find Esther Wanjiru, 17, carefully arranging coloured beads in a row. She is so engrossed that she does not realise we are watching her. She appears normal and full of life.

But behind the warmth and beautiful smile, is a girl who has had to live with stigma for the last 15 years after suffer-

ing with the disability at a tender age. "I have been here for one year and have acquired tailoring and bead work skills with which I plan to set up my own business once I graduate," says Wanjiru confidently while fixing a beaded necklace during an art class.

BETTER LIVES

Peter Gichigo, the Business Manager at the Center, says it was established in January 2010 with the purpose of providing children with mental disability an opportunity to better their lives and be independent.

"Our major role is to empower people with mental disability, to enable them become self-reliant, fully integrated and accepted members of the society," he says.

Started a year ago, the institution carries out sensitisation campaigns all over the country and uses this platform to ask families with mentally challenged persons to bring them to their center where they get empowered.

The center targets young adults with a mild or moderate mental disability between the ages of 16 and 45, and trains them on various life skills and programmes.

"We started with 15 mentally challenged students but currently we have 40. Most of these children are from very poor backgrounds and we try our best to improve their lives through impacting life skills," he says.

Having worked with the children for a year, Peninah Wanjiru who is the school's headteacher says some of the programmes or training skills offered include computer skills, gardening, personal hygiene, cooking, housekeeping activities, farming, music and art work.

"Working with them has opened me up to the world of the mentally challenged, their everyday life is a hurdle. Most of these children have had a difficult life, neglected by their families and some have been raped," she says.

"After recruiting them, we gauge them for about two months and try to identify their area of interest hence equip their skills further," says the headteacher.

PROGRAMMES

The center runs its programmes just like a normal school where classes begin from 8.30 to 4.00 with break intervals. "We have co-curricular activities such as dancing, playing cards and other simple games, which makes them more interactive and confident in themselves," she says.

"The first batch of students is expected to graduate next year in December. The journey to offering a brighter life for these young adults has not been without challenges.

Most of them have not gone through school hence it becomes difficult to communicate with them. On the other hand, most of the female students have been sexually abused hence require

Dealing with persons with mental disability is very difficult but it is something that we have grown to enjoy doing.

special attention," says Deputy Principal Joseph Maina.

"In this regard, we try to develop a sense of trust with them and appreciate them for who they are," he says adding that "Dealing with persons with mental disability is very difficult but it is something that we have grown to enjoy doing, seeing them improve their lives by carrying out even simple skills such as bathing gives one a sense of fulfillment."


Gichigo says they have been trying to carry out sensitisation programmes for the surrounding community to accept children with a mental disability.

Every year, the center organises an awareness event in Nairobi to enlighten people about mental disability. For the students at Marianne such as Wanjiru and Wachira, the center promises them a haven where they can explore their abilities.

Centre's activities

The students make products such as soap, clothes, door mats, beads, jewelry and special cards which are put up for display and sold. The center has plans to start carpentry and joinery, catering and beauty therapy programmes.

Bijlage II Bewijs aankoop land

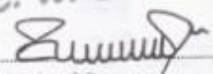

REPUBLIC OF KENYA
THE REGISTERED LAND ACT
(Chapter 300)

Title Deed

Title Number LMURU/KAMIRITHU/1071
Approximate Area 0.62 HA
Registry Map Sheet No. 11

This is to certify that MARIANNE CENTER FOUNDATION
OF P O BOX 669 VILLAGE MARKET

is (are) now registered as the absolute proprietor(s) of the land comprised in the above-mentioned title, subject to the entries in the register relating to the land and to such of the overriding interests set out in section 30 of the Registered Land Act as may for the time being subsist and affect the land.

GIVEN under my hand and the seal of the
K I A N B U District Land Registry
this 5TH day of JANUARY 2012
E. W. Sabu - 248

Land Registrar

